



NPHS TROJANS

2021

Winter Sports



DANCE

GYMNASTICS

BOYS HOCKEY

GIRLS BASKETBALL

BOYS SWIMMING & DIVING

GIRLS HOCKEY

BOYS BASKETBALL

WRESTLING

A special section of The New Prague Times, December 9, 2021



BIG BUSINESS

— OR —

SMALL BUSINESS...

WE MAKE IT EASY.





Coaches left to right are Darrell Christenson, Anne Neidermeier, and Doug Amundson. Second row, left to right: Samantha Solheid, Zoe Bruegger, Anna Kemp, Ella Morris, Lucy Helgestad, Paige Ophus, Lauryn Leahey, Addison Hartshorn, Jady Klein, Taylor Linblom, and Makenna Johnson. First row, left to right: Maria Schoenbauer, Erika Walsh, Ruby Tietz, Reagan Kocina, Ava Barsness, Hazyl McCormick, Abbey Kartak, Avery Gullickson, Ella Barsness, Vayda Spicer, Maura Erickson, Ruth Zvanovec, Ava Bruegger, and Hannah Kraft.

Gymnasts set sights on another State Tournament berth

Coach:

Darrell Christenson

How many years and career record?

1st year head coach at New Prague, 19th overall year coaching both boys and girls gymnastics. Will be assisted by Doug Amundson and Anna Neidermaier

Last year's record and finish in the conference:

9-1 overall, Wright County Conference Runners-up and Section 2AA Champions, advanced to State and placed 7th overall. The Trojans scored 142.975 to win Section ahead of Lakeville North (141.750) and Lakeville South (140.325).

Key returnees to this year's team: Position, experience, past honors, stats, etc.

We have all of our state competitors returning this year with the exception of Brenna Solheid and Allie Eischens, both team captains. Junior Samantha Solheid placed third in the Section beam. Senior Ellie Morris placed third in the Section bars. Solheid also placed second in the all-around and junior Ella Barsness placed sixth in the all-around. Sophomore Maura Erickson placed sixth and Morris seventh in vault. Morris won the Section floor exercise. Barsness placed third and Erickson seventh.

Other athletes new to the varsity who will play important roles: What position and what they will bring to the team?

Encouraged by our depth which is enhanced by all new arrivals from club team. There are five seniors on the team including captains Addie Hartshorn and Ellie Morris, Lauryn Leahy, Lucy Helgestad, and Paige Ophus. Morris and Ophus are expected to compete in all four events. Juniors Anna Kemp, Ella Barsness, Sam Solheid, and Zoe Bruegger are also set for all-around competition. There are 12 juniors, four sophomores, and seven freshman vying for varsity spots.

Who are the key losses from last

year (players who graduated or are not on the team)?

Brenna Solheid and Allie Eischens who both competed on the varsity beam.

Thoughts on the new conference and new conference teams: What do you know about the teams/players?

As a new conference we hope to match well with other teams and win as much as possible.

Top teams in the conference and how do you think your team fits in?

Waconia, Chaska, Chanhassen, and Bloomington. We are hoping to compete well with all of them.

Top teams in the Section and how do you think your team fits in?

Eden Prairie is probably the top team to beat. We managed a win against Eden Prairie last season at Sections and we are hoping to keep that going this season.

Please give an overall outlook for the coming season: Expectations, goals, obstacles, etc?

Our overall goal is to represent once again Section 2AA at State!

It's why I'm here.

Molly M McGillen, Agent
201 Main Street W
New Prague, MN 56071
Bus: 952-758-6261
molly@mollymcgillen.com

Your home and car are more than just things. They're where you make your memories – and they deserve the right protection. I get it. It's why I'm here. LET'S TALK TODAY.

State Farm®

State Farm Mutual Automobile Insurance Company
State Farm Fire and Casualty Company
Bloomington, IL

1706811

SHOW YOUR SPIRIT

threadz • CUSTOM EMBROIDERY AND SCREEN PRINTING

SWEATSHIRTS + T-SHIRTS + SWEATS
STADIUM SEATS + STADIUM BLANKETS
HATS + DUFFEL BAGS

817 1st Street SE
New Prague, MN 56071

www.idthreadz.com

SPORTS & ARTS SECTION

Join the advertisers that make this section possible

ADVERTISE YOUR BUSINESS IN FUTURE SPECIAL SECTIONS!

COMING IN APRIL 2022

Spring Sports

Email Mark or Deidra at ads@newpraguetimes.com or call 952.758.4435



Front row, left to right: Hugh Goggins, Chase Vacek, Dominic Berry, Max Hanzel, Braeden Woitas, Breck Hagen, Jadyn Hamilton, Padraic O'Rourke, and Peyton Becker. Middle row, left to right: Oskar Pomeranke, Bryce Lowy, Carter Puente, Owen Hansen, Ryan Brinkhaus, Michael O'Rourke, John Schmidt (C), Charlie Turnberg (A), Will Andersen (C), Layton Kuehner, Kai Johnson, Jacob Scherf, and Carter Herrmann. Back Row, left to right: Coach Brad Drazan, Coach Colton Borwege, Tyler Giesen, Owen Wilkins, Will Seymour, Carter Standly, Evan Carlson, Mac Olson, Luke Portner, Michael Beckius, Carson Myers, Wyatt Sands, Eric Berg, Sean Christenson, Jack Menke, Coach Joel Barzee, and Coach Grant Yackly.

Many key players return for Trojan boys hockey team

Coach:
Brad Drazan

How many years and career record?
This is my 2nd year. 3 wins-16 losses

Last year's record and finish in the conference:
3-16 overall record, 3-8 record and 6th place in the Wright County Conference

Key returnees to this year's team: Position, experience, past honors, stats, etc.?
Will Andersen, W, Sr. 6 goals, 5 assists, 11 points. Will is one of the leaders of our team his dedication to improving his game and vision

on the ice make him a threat to score anywhere on the ice.
Captain John Schmidt, C, Jr. 3-5-8. John sets the tone for our team on and off the ice. He pushes the team to get better each day. He pushes our team to be the best it can be. He plays a complete 200-foot game.
Captain Luke Portner, C/W, Fr. 2-4-6 Luke brings energy and grit to our team. He has a great future ahead of him with the Trojans.
Will Seymour, C/W So. 2-2-4
Owen Wilkins, C/W, Jr. 2-2-4
Charlie Turnberg, W, Sr. 2-1-3, Assistant Captain
Ryan Brinkhaus, D, Sr.
Layton Kuehner, D, Sr.
Peyton Becker, D, Jr.
Breck Hagen, D, Jr.

Other athletes new to the varsity who will play important roles: What position and what they will bring to the team?
F: Michael O'Rourke, Michael Beckius, Maxwell Hanzel D: Hugh Goggins, Mac Olson

Who are the key losses from last year (players who graduated or are not on the team)?
Jack Wilmes (12 points last season), Aiden Dorzinski (team-leading 13 points last season), Spencer Tupy, Joey Vacek

Thoughts on the new conference and new conference teams: What do you know about the teams/players?

• We are going to be tested each night in the Metro West Conference. There are a lot of AA schools in the conference that will force us to bring our best game every night.

Top teams in the conference and how do you think your team fits in?
• Benilde-St. Margaret's, St. Louis Park, Chaska, Orono, Bloomington Jefferson, and New Prague
• We expect to compete each game.

Top teams in the Section and how do you think your team fits in?
• New Prague, Rochester Lourdes, Faribault, and Northfield. We expect to compete for a section

championship.

Please give an overall outlook for the coming season: Expectations, goals, obstacles, etc?
This group has great cohesiveness and leadership. They have confidence in one another and enjoy both the game of hockey and also being with each other. They play hard and give great effort. They have great heads on their shoulders and show up ready to improve every day.
We love their positivity on the ice and in the locker room. They have a wide range of acceptance of their teammates and trust in their goaltenders.

Almost entire team returns for New Prague girls hockey team

Coach:
Taylor Ries

How many years and career record?
4 years - 37-42-8 overall record

Last year's record and finish in the conference:
3-9-2 overall, 2-4-1 - 6th place in Wright County Conference

Key returnees to this year's team: Position, experience, past honors, stats, etc.
Senior Hailey Calliguri-Defense (1 goal, 3 assists last season)
Junior Kenzie O'Brien-Defense (1 assist in 2021)
Junior Mady Picka- Forward (2 goals last season)
Senior Lily Moravchik-Forward (1 goal in 2021)
Senior Hanah Robasse - Forward (4 goals - tied for second on team, 2 assists last season)
Senior Ellie Skaja- Forward (1 goal, 4 assists - 2nd most on team in 2021)
Senior Mariah Marek-Goalie (3.59 goals against average and .904 save percentage in 2021)
Senior Taylor Smith- Goalie (3.88 goals against average and .871 save percentage last year)
These girls have all been varsity players for 3-5 years each. That experience we are hoping will carry us to a stronger season with a lot of close competitive games.

Other athletes new to the varsity who will play important roles: What position and what they will bring to the team?
We basically have the same returning team from last year so there aren't many new players on the varsity team but we are expecting a nice growth year from sophomore Taylor Peterson, senior Makayla Prochaska (3 assists in 2021), sophomore Avaya Schneider, (4 goals in 2021) and sophomore Ella Hansen (2 goals and 3 assists in 2021) to step into bigger

roles this year.

Who are the key losses from last year (players who graduated or are not on the team)?
Payton Hard who did a lot for our team as the lone senior Captain on varsity. She played both defense and forward for us all year. We will miss her contributions both on and off the ice.

Thoughts on the new conference and new conference teams: What do you know about the teams/players?

The new conference will be a step up in competition for us. There are a few very good top end teams from both Class A and AA including Benilde St. Margaret's, Academy of Holy Angels, Chaska-Chanhassen, and Orono who I anticipate to be very strong teams this season. It will be a very good test for us when we face these teams as there will be no weak opponents along the way in this new conference.

Top teams in the conference and how do you think your team fits in?

Those teams I mentioned above will be tough teams and it could really be anyone's conference though I would say Benilde should be the favorite. We are hoping to finish somewhere in the middle or better.

Top teams in the Section and how do you think your team fits in?
We will still be in class AA this year even though most of the other programs in New Prague moved down a class so Minnetonka, Eden Prairie, Holy Family will be the favorites again.

Please give an overall outlook for the coming season: Expectations, goals, obstacles, etc?
We are hoping to have a better season than the last couple of years. We expect to be competitive in a large majority of our games this year and we will battle as hard as we can in the tough conference and section that we are in.



Front row, left to right: Kyleigh Baker, Nola Yochim, Emma Wilkins, Mallie Lock, Maezie Lock, Taylor Smith, Mariah Marek, Ellie Schmidt, Chloe Wiita, Eva Baker, Kenzie O' Brien, Callie Kroska, and Gabby Rees. Second row, left to right: Belle Schneider, Alice Kartak, Makayla Prochaska, Bre Naig, Autumn Olson, Ella Hansen, Ellie Skaja, Sophie Baker, Mady Picka, Avaya Schneider, Hanah Robasse, Hailey Calliguri, and Bella Ausmus. Back row, left to right: Lily Moravchik, Sara Bjerke, Taylor Peterson, Kaelyn Borwege, Aftyn Anderson, Miranda Pederson, and Cece Madson. Not pictured Team Managers: Faith Boyer, Lindsey Simon, and Hadley Lucca



CONNELLY

PLUMBING & HEATING, LLC

“Your Local **LENNOX** Dealer”

New Prague, MN • 952-758-7098

GOOD LUCK

NEW PRAGUE TROJANS!



1300 1st Street NE

New Prague

952-758-4440

Hours:

Mon.- Fri. 7:30 am - 8:00 pm

Sat. 7:30 am - 6:00 pm,

Sun. 9:00 am - 5:00 pm



Good Luck Trojans!

Dr. Heather L. Giesen


East Town Plaza

815 1st St. SE

New Prague, MN

952-758-8760

www.giesenfamilychiropractic.com



COBORN'S

MARKETPLACE

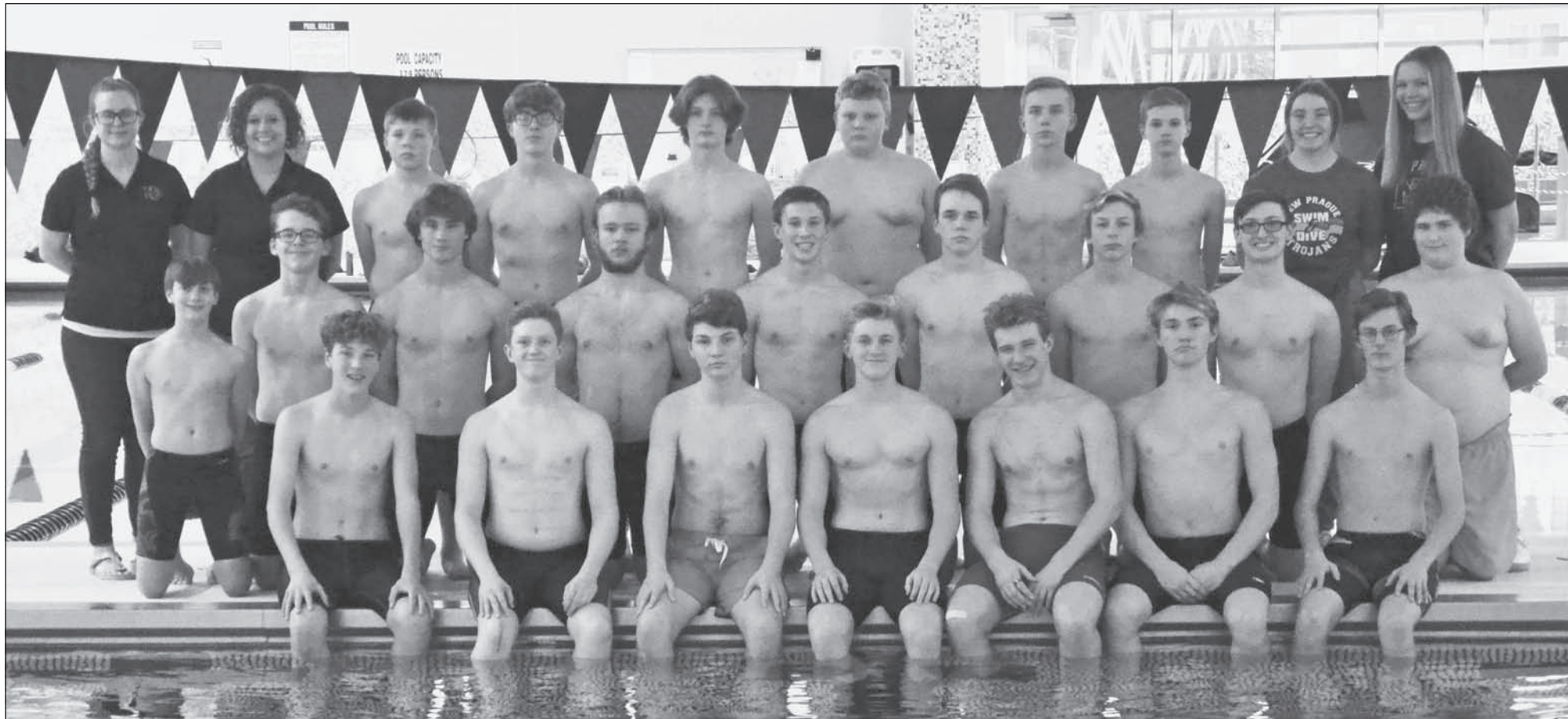
Open 6am-11pm, 7 Days A Week

200 Alton Ave. SE, New Prague, MN 56071

952-758-2556

Visit us online at **www.coborns.com!**

Join **more** Rewards at **moreRewards.com** and save!



The New Prague High School boys swimming and diving team includes, (left to right, front row) Carson Sayler, Kieran Holets, Ethan Schultz, Foster Dresen, Willem Serie, Ryan Foust, Gavin Davis; (second row) Brody Dvorak, Tucker Connelly, Jonathan Sayler, Jack Gilles, Brendan Panka, Jack Anderson, Jacob Bisek, Alex Dvorak, Zakary Ausmus; (back row) assistant coach Heather Otto, head coach Kristen Munden, Jack Torgerson, Jacob Bouley, Charlie Dvorak, Rowan Anderson, Christian Engel, Nolan Balk, managers Alli Foust and Julia Bassett.

Boys swim and dive team set for first-ever season

Coach:
Kristen Munden

How many years and career record?

1st year head coach at New Prague. Munden started her swimming career on the YMCA swim team in Rochester from age 8-18. She continued swimming for Rochester Mayo High School from 7th - 12th grade. After her personal career ended, she transitioned into coaching the sport she loves - swimming.

Coach Munden has been coaching swimming for multiple age groups for 16 years. She is a current coach for the Neptune Swim

Club in New Prague and was previously the head coach at the YMCA in Mankato. Coach Munden will completed her 5th year as the Head Girls Swim/Dive coach at Tri-City United. Her experience with starting the TCU team in 2017 will be an essential component as we look to get our boys Swim/Dive program started.

Last year's record and finish in the conference:

Brand new team this season.

Key athletes to this year's team:

Seniors Ryan Foust and Jonathan Sayler; juniors Jack Gilles, Willem Serie, Jack Anderson, Alex Dvorak,

and Foster Dvorak; sophomores Nolan Balk and Gavin Davis; freshmen Tucker Connelly, Carson Sayler, Jacob Bisek, Brendan Panka, and Kieran Holets.

Other athletes new to the varsity who will play important roles:

Eighth graders Charlie Dvorak and Jacob Bouley; seventh grader Brody Dvorak.

Swimmers who have competed with age Neptune Club Swim Team?

Brendan Panka - sprint freestyle 50/100 all around can swim all events, Willem Serie- breast/ fly, Jacob Bisek- 200/500 free, Alex

Dvorak 200/500, Ryan Foust-fly, Jack Gilles, Kieran Holets, Jacob Bouley, Charlie Dvorak, Brody Dvora, Tucker Connolly, and Foster Dresen.

Divers for the 2021-22 Trojan squad?

Brody Dvorak, Willem Serie, and Nolan Balk to start the season.

Top athletes this season?

Brendan Panka will be a top athlete to watch for during the season. Right behind him will be Jacob Bisek. These athletes have been swimming along with others year-round. They have really worked hard to have sound outstanding

times for the new high school season.

Thoughts about starting a new program?

It is a new program, yet it feels like the boys know what they are doing and are ready to shine! I do know that many athletes have been a part of pre-season training with the Neptune Swim Club. This has certainly helped to get the program up and running. We also have several new athletes that are trying swim and drive for the first timer. Our team will be something to watch. We are new but will not come into meets without experience....actually the opposite.

We're here
for you

24/7

newpraguetimes.com

for the latest in news and local sports!



SUBSCRIBE TODAY!

FREE
digital edition with
paid subscription

In Print. Online.

Your
Best Source
for
Community
News

Staying connected is now easier than ever...

- City Council News
- Area School News
- County News
- Dining
- Entertainment
- Area Business News
- High School and Community Sports
- Valuable Shopping Information
- Employment Opportunities
- Organization News
- Public Notices
- Recreation
- Real Estate
- Classifieds

and so much more

Start a
subscription to
**THE NEW PRAGUE TIMES,
Montgomery Messenger
or LifeEnterprise**

☐ Please, start a subscription to **THE NEW PRAGUE TIMES**

Payment enclosed:

- ☐ \$52/year in Le Sueur, Rice & Scott counties
- ☐ \$59/year in Minnesota & snowbirds
- ☐ \$67/year outside Minnesota

200 Main St. E.
New Prague, MN 56071
952-758-4435
newpraguetimes.com

☐ Please, start a subscription to the **Montgomery Messenger**

Payment enclosed:

- ☐ \$48/year in Le Sueur & Rice counties & Zip Code 56071
- ☐ \$55/year in Minnesota & snowbirds
- ☐ \$63/year outside Minnesota

310 First St. S.
Montgomery, MN 56069
507-364-8601
montgomerymnnews.com

☐ Please, start a subscription to the **LifeEnterprise**

Payment enclosed:

- ☐ \$48/year in Le Sueur, Rice, Waseca & Blue Earth counties
- ☐ \$55/year in Minnesota & snowbirds
- ☐ \$63/year outside Minnesota

115 S. Third St.
Waterville, MN 56096
507-362-4495
watervilllemnnews.com

☐ Charge to my Credit Card:



_____ Security Code _____ Exp. _____

☐ Log onto our website and purchase with **PayPal**.

Name _____

Address _____

City _____ State _____ Zip _____

Phone Number _____ County _____ Amount Pd. _____

Email for Digital Subscription _____

Gift Subscription To: _____

Address: _____

Start Digital ☐

☐ New ☐ Renewal

☐ Not Sure

Send Gift Card from: _____

(optional)



Trojan girls return all but one player from 2021 season

Coach:
Eric Specht

How many years and career record?
Year 2 with New Prague (career record 2-17)

Last year's record and finish in the conference:
2020/21: 2-17. Finished 7th in Wright County Conference

Key returnees to this year's team: Position, experience, past honors, stats, etc.?
Seniors: Avery Hennen (7.6 points, 3.4 rebounds, 1.3 assists per game last season), Payton Morris (6.2 points, 3.6 rebounds, 2.2 assists per game last season), Hannah Wedeking (16.9 points, 5.7 rebounds, 2.5 assists per game last season), and Ellie Hintgen (4.6 points, 6.2 rebounds, and 1.1 assists per game last season). Sophomore: Anika Hatlevig (6.3 points, 3.1 rebounds, 1.1 assists per game last season).

Other athletes new to the varsity who will play important roles: What position and what they will bring to the team?
We currently only have two juniors playing basketball. There are many underclassmen that will be getting opportunities to show their skill level. As we move forward, we will be looking to see which girl becomes the most consistent with their play.



Front row, left to right: Lacie Crawford, Samantha Kotek, Alexis Mattern, and Tatum Zimmerman. Middle Row left to right: Anika Hatlevig, Maddy Boulanger, Avery Hennen, Taylor Hemann, Ava Specht, Ellie Hintgen, and Maddelyn Simon. Back row, left to right: Coach Kilian, Coach Specht, Maggie Giesen, Payton Morris, Katie Boulanger, Cara Erickson, Hanna Wedeking, and Coach Biermaier. Missing from the photo: Hannah Langeberg.

Who are the key losses from last year (players who graduated or are not on the team)?
Rachel Russo was our only senior on last year's squad.

Thoughts on the new conference and new conference teams: What do you know about the teams/

players?
The Metro West is full of top tier teams. Chaska won state last year and returned almost all their athletes. Waconia is also a very talented team (18-2 last year), which returns a majority of their starters. Chanhassen was a young team last year and continued to improve as the year moved forward. We are going to have to outwork other teams in order to find success.

Top teams in the conference and how do you think your team fits in?
Chaska, Chanhassen, and Waconia are the top conference teams

heading into the 2020/21 season. As for where we fit, I think this is still unknown. Our goal heading into the season is to continue to develop and improve as a team.

Top teams in the Section and how do you think your team fits in?
The top three teams in our section are Marshall, Mankato East, and Mankato West. I believe all three of these teams are ranked in the top 10 in 3A to start the season. After the top 3, there are several teams which will be fighting for a higher seed. I think we can be one of those teams which could finish in the middle of the pack in our section.

Please give an overall outlook for the coming season: Expectations, goals, obstacles, etc?
I know this is cliché, but I feel we really need to focus on improving every practice/game. We have a nice mix of seniors and underclassmen, but it's going to take time for the game to slow down for our sophomores and freshmen. The biggest obstacle I see for our team is keeping the girls believing in themselves. Facing a challenging schedule, we are going to have bumps in the road. I'm curious to see how we will respond to adversity. Once this comes together, I think this could be a fun team to watch.

New Prague looking to improve with many upperclassmen

Coach:
Dan Peterka

How many years and career record?
365-179 - 21 years

Last year's record and finish in the conference:
5-14

Key returnees to this year's team: Position, experience, past honors, stats, etc.?
Senior guard Ethan Chromy (10.5 points, 1.8 rebounds, and 1.7 assists per game last season), senior forward Jaxon Short (4.1 points, 3.1 rebounds per game last season), senior guard Matthew Kudrle (5.1 points, 2.0 rebounds, 1.2 assists per game last season), and junior guard Noah Washa (2.9 points, 1.1 rebounds, 1.3 assists, and 1.5 steals per game last season)

All four gave us minutes last season.

Other athletes new to the varsity who will play important roles: What position and what they will bring to the team?
Senior forward Jacob Lee, senior guard Brendan Pieper, senior guard Chase Trygestad, senior forward Tom McBroom, junior forward Nick Giesen, and junior guard Jake Hemann. McBroom, Lee, and Trygestad saw action in a couple of games last season.

Who are the key losses from last



Front row left to right: Abby Molstad, Noah Washa, Jake Hemann, Jacob Lee, Matthew Kudrle, Brendan Pieper, and Madi Josephson. Back row left to right: Coach Mould, Coach Ledwein, Drew Hemann, Ethan Chromy, James Cavanaugh, Jaxon Short, Nick Giesen, Chase Trygestad, Thomas Johnson, and Coach Peterka.

year (players who graduated or are not on the team)?
Andrew Nerud (leading scorer and rebounder last season), Ian Lillquist (5th leading scorer last year), Trace Mayer, Tommy Traxler (3rd leading scorer last season), and Beau Plaisance.

Thoughts on the new conference and new conference teams: What

do you know about the teams/ players?
The Metro West is a very strong Conference top to bottom. I am looking forward to getting to know the coaches, the teams, and the players better as we start this first year in the conference.

Top teams in the Section and how do you think your team fits

in?
The top teams in the Section are Mankato West and Mankato East. We hope to be competitive when we get to the section tournament.

Please give an overall outlook for the coming season: Expectations, goals, obstacles, etc?
We have been working together for about a week, and we feel we

have a really fun group of guys to work with. They are a group who have played a lot of basketball together and seem to work well together. We lack some size which will be a challenge, but we hope to make up for that with effort and being able to work together. As a coach, I am looking forward to working with this group throughout the season, and I hope to help them

Skluzacek
Cabinetry & Woodworking
GO TROJANS!

Dave Skluzacek, Owner
612-986-8443
Custom cabinets for your entire house

Go Trojans!
404 W. Main
New Prague
952.758.4645

WEST END LIQUORS

LOTTERY TICKETS

HOURS
Mon-Fri
9 am-10 pm
Sat 8 am-10 pm
Sun 11 am-5 pm

WORNSON GOGGINS, PC
ATTORNEYS | ADVISORS | ADVOCATES

COMMITMENT TO GETTING RESULTS.
Providing skilled legal representation
952.758.4161
www.lawyersnp.com • 119 East Main Street • New Prague

Proud to Support New Prague Sports & Arts for 26 Years!

Patty's Place
www.pattysplacennp.com
108 E. Main St. | New Prague | 952-758-5808

STASNEY ELECTRIC

15970 320th St., New Prague
(Jct. 13-21 So. & Le Sueur Cty. 28 East)
952-758-2546

SAVE BIG WITH MULTIPLE POLICIES
Purchasing home, life, and business is just one of many ways to save.

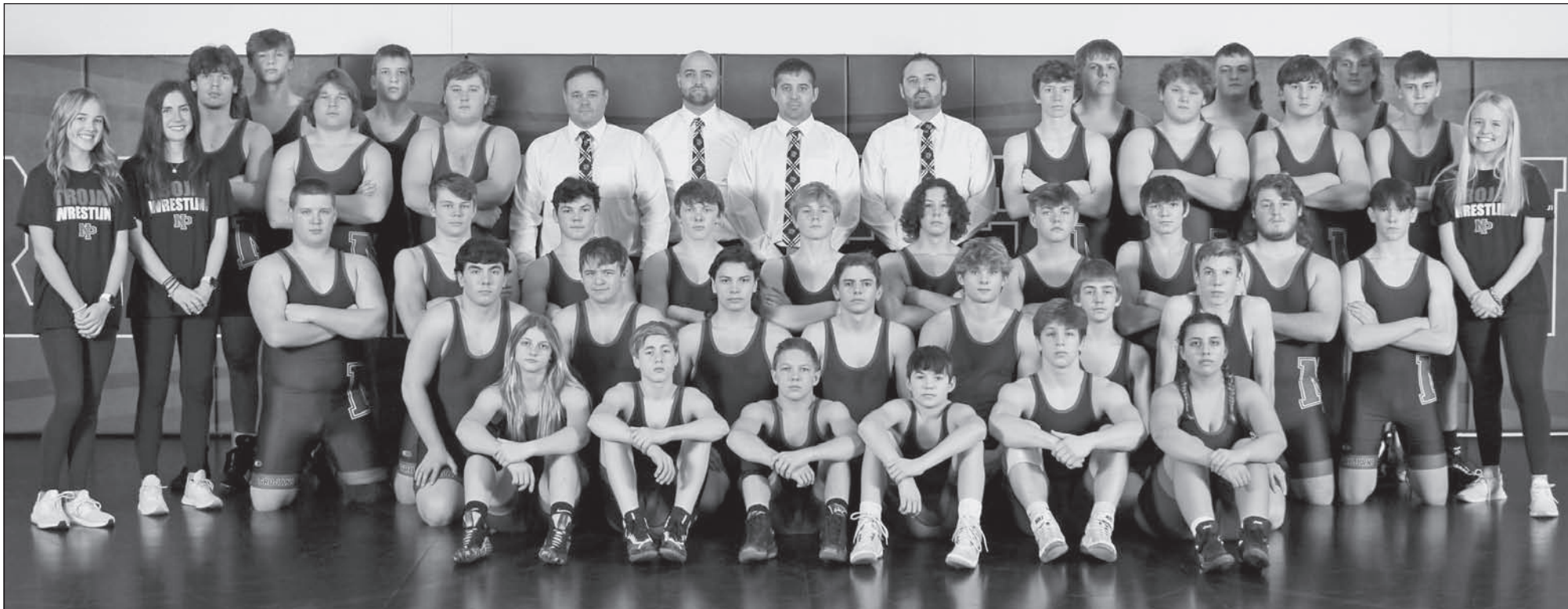
FARMERS INSURANCE

952.758.2879
Ron Schoenecker
Your Local Agent
rschoenecker@farmersagent.com

Restrictions apply. Discounts may vary. Not available in all states. See your agent for details. Insurance is underwritten by Farmers Insurance Exchange and other affiliated insurance companies. Visit farmers.com for a complete listing of companies. Not all insurers are authorized to provide insurance in all states. Coverage is not available in all states. Life Insurance issued by Farmers New World Life Insurance Company, 3120 139th Ave. SE, Ste. 300, Bellevue, WA 98005.

We're here for you
24/7

newpraguetimes.com
for the latest in news and local sports!



Front row, left to right: Destiney Lofton, Kyle McCarthy, Lawson Eller, Easton Farley, Koy Buesgens, and Katelyn Medina. Row two, left to right: Thomas Ott, Colton Bornholdt, Cole Herrmann, Wyatt Pauly, Luke Dorweiler, Tommy Vaughan, and Cayden Feit. Row three, left to right: Luke Jacobson, Memphis Connelly, Evan Farley, Derek Schaap, Owen Johnson, Noah Block, Ben Prochaska, Brady Westall, Alex Gregory, and Lucas Conyers. Row four, left to right: Audrey Wagner, Annie Glomski, Jeff Bisek, Owen Precker, Nick Schoenecker, Aaron Shetka, Dan Wagner, Brian Doherty, Brandon Michel, Brady Gregory, Frank Giesen, Jordan Schmitz, and Mallory Schmitz. Row five, left to right: Aiden Ettlin, Joey Novak, Reven Tietz, Luke Herder, Peyton Elgren, Evan Anderson. Not pictured: Ian DeGross, Lucy Schmitz, and Leo Pexa.

Grapplers now in Class AA, should contend for State berth

Coach:
Dan Wagner

How many years and career record?

6th season with a 112-25 overall record.

I have an amazing support staff that are a huge part of the success we have been seeing. These coaches are Nick Schoenecker, Aaron Shetka, and Brian Doherty. We are also bringing back Cam Schmitz and adding Griffin Parriott to the coaching staff. We are very excited to have guys like Cam and Griffin who can battle on a daily basis with guys in the room.

Last year's record and finish in the conference:

Last season we ended with a 22-4 record. We were Wright County Conference East Co-Champions.

Key returnees to this year's team:

We return 5 state entrants. Brady Westall (DNP 120 pounds), Evan Anderson (5th 220 pounds), Joey Novak (3rd 152 pounds), Colton Bornholdt (3rd 132 pounds), and Koy Buesgens (State Champion 126 pounds). Evan Farley was 21-7 last season and I look for him to improve upon that record. Senior Luke Dorweiler is looking good and is set to have a breakout year.

Other key returnees with a fair amount of varsity matches last year are Tommy Vaughan, Frank Giesen, Thomas Ott, and Brady Gregory.

Position, experience, past honors, stats, etc.?

Last year we ended our dual season with a third straight runner-up finish in the sections to the eventual State champion Shakopee, who won the team State title each of those seasons. We also ended with the best individual State tournament performance in the program's history. In the individual portion of the State tournament, we finished 3rd in team points. For the first time in school history we had two individual State champions in Koy Buesgens and Nick Novak. They were the 8th and 9th individual sState champions in program history.

Other athletes new to the varsity who will play important roles:

What position and what they will bring to the team? Lawson Eller was an 8th grader that we pulled up late in the season. He was greatly undersized but still managed to hold his own against opponents that were 10-15 pounds bigger than him. Look for him to burst onto the scene at 106 pounds. Brandon Michel had some limited experience on varsity last year but made

the best of it going 5-0. Junior Cole Herrmann will play a huge role in the middle/lower weights and give us some flexibility. Others to keep an eye on battling to find a spot are Wyatt Pauly, Destiney Lofton, Ben Prochaska, and Derek Schaap. We also have a slew of "big boys", over 220 pounds, that will be new to the room and battling for a spot are Ian DeGross, Peyton Elgren, Luke Herder, and Luke Jacobson.

Who are the key losses from last year (players who graduated or are not on the team)?

We lost four seniors to graduation that all played a big role in the team's success and we will miss them greatly. Drew Otteson and Carson Bittner were role players and they did what they needed to do. Jacob Vaughn ended his career as a state tournament entrant. Nick Novak was 30-1 as a senior, ending his career with one of the most dominating individual State tournaments I have ever witnessed and cruised to a State Championship. Nick added this to a 2nd, 4th, and 6th place individual finish.

Thoughts on the new conference and new conference teams: What do you know about the teams/players?

From a wrestling perspective, the new conference is not a strong

conference with the exception of Chaska/Chanhassen. It got a little deeper with Waconia following us into the Metro West. Waconia and New Prague were the top two teams in the WCC East division last season.

Top teams in the conference and how do you think your team fits in?

I see it as New Prague and Waconia battling for a conference title on February 4th at NPHS.

Top teams in the Section and how do you think your team fits in?

Being that we are now in a new class and a new section, we need to learn more about AA. However, we do know a fair amount about several of the Section 2AA teams as we have competed with several of these teams each year after moving out of the section 4 years ago. It will be exciting to be back in the, always tough Section 2AA.

The section is very solid and there will be several teams in the hunt for a run in February. I would definitely put New Prague in the conversation for making a run at a section title and by the end of the season we could have ourselves in position to make a deep run in the postseason. The other top teams are Scott West, Watertown-Mayer, Tri-

City United, and St. Peter.

Please give an overall outlook for the coming season: Expectations, goals, obstacles, etc.?

We have an experienced team returning this season with some great leaders in the room. In our lineup, we will have 18 wrestlers who have had some sort of varsity experience last season. We are also excited for the season and getting back to tournaments. Last season was difficult getting some athletes matches as we functioned on a "dual meet only" season. It will be great to get back into some tournaments like the Christmas Tournament, the Rumble on the Red, the Zelinski Memorial, and several other tournaments including our own on December 4th where ALL kids will get matches.

One obstacle we will have is adjusting to a new conference, classification, and section. We are leaving a section that is going to be a little down this season and we would have likely been the strong favorites to represent Section 2AAA in the state tournament. We are now entering a section that is deeper and more balanced. Our expectations are to put ourselves in position to make a run at a section title. If we are able to do that, I see us going deep into the state tournament.

Go Trojans! Go Trojans!



HEARTLAND
CREDIT UNION

www.heartlandcu.com
225 Chalupsky Ave SE, New Prague
651.451.5160

Lower Loan Rates. Fewer Fees. Better Service



5% Commission
FULL SERVICE

Since 1988

KubesRealty.com

GOOD LUCK TROJANS!



NEW PRAGUE ANIMAL CARE

Wellness Urgent Care Surgery Boarding

Stephen Lavallee, DVM • Lisa Johnson, DVM

952-758-6722

415 4th Avenue NW, New Prague MN 56071

Visit www.newpragueanimalcare.com

Please call for Appointment
M,W,F: 8am to 6pm
T-Th: 8am to 8pm
Sat: 9am to Noon



COMPLETE BUILDING MATERIALS

201 2nd Ave. SW,
New Prague
952-758-3235
Hours:
Mon. - Fri. 7-5
Sat. 8-12



River Country Co-op

On the West End!
952-758-6767

Jct. of Hwy. 13, 19 & 21
New Prague, MN

7 DAYS A WEEK!



Buffet Hours:
11 am to 1:30 pm
5 to 7:30 pm

Delivery & Curbside Pick-up
Sun-Wed: 11 to 9
Th, F, S: 11 to 8

**1102 1st St. NE,
New Prague**
52-758-9440

www.pizzaranch.com

JOE'S SHOE REPAIR



Joe & Colette Trendera
~
Ann Marie Hertaus & Kevin Kes

N.P. Letterman's Jackets & Letters

325 West Main St.
New Prague, MN
952-758-3461

Mon. - Fri.
8:30am - 5pm
Sat.
8:30am - Noon

REFINED LENDING

Division of Golden State Bank N.A.
NMLS #452055



Fritz Barlage

MORTGAGE BANKER | NMLS #2035988
PHONE: 952-454-7266
EMAIL: FBarlage@RefinedLending.com

REFINED LENDING - BURNSVILLE
14589 Grand Ave Burnsville, MN 55306

Open: Monday-Friday 9-5
Saturday 9-3 or by appointment



952-758-4588

133 Main Street W, New Prague

www.kubesfurnitureflooring.com



Jon P. Colling, D.D.S.
Ruth C. Peterka, D.D.S.

GENERAL DENTISTRY

WELCOME
NEW PATIENTS!

211 10th Ave NE New Prague 952-758-2376
www.newpraguedentist.com

GO TROJANS!
MARQUARDT JEWELERS

Est. 1995

Custom Jewelry and Restoration, In-House Repairs,
and Premium Jewelry Selection.

119 West Main St., New Prague, MN 56071
www.marquardtjewelers.com • 952.758.2422



Dr. Bill Vollmar • Dr. Katie Vollmar
www.newpragueveterinaryclinic.com

New Prague Veterinary Clinic
Your Hometown Vet for Four Generations

1003 East Main Street
New Prague
952-758-2881

Hours:
Monday-Friday 8 a.m. - 5:30 p.m.
Saturday 8:30 a.m. - Noon

We Are Proud of You NPHS Trojans!



2021-2022 Winter Sports Schedules

New Prague Boys Basketball

Thursday, Dec. 2, 7:30 p.m. at Rochester Mayo
Tuesday, Dec. 7, 7 p.m. vs. Rochester Century
Friday, Dec. 10, 7 p.m. vs. Delano
Tuesday, Dec. 14, 7 p.m. vs. Jordan
Friday, Dec. 17, 7 p.m. at Farmington
Wednesday, Dec. 29, 6 p.m. vs. Apple Valley
(at Lakeville North)
Thursday, Dec. 30, 7:45 p.m. at Lakeville North
Tuesday, Jan. 4, 7 p.m. at Orono
Friday, Jan. 7, 7 p.m. vs. St. Louis Park
Tuesday, Jan. 11, 7 p.m. at Waconia
Friday, Jan. 14, 7 p.m. vs. Robbinsdale Cooper
Tuesday, Jan. 18, 7 p.m. at Chanhassen
Friday, Jan. 21, 7 p.m. vs. Chaska
Tuesday, Jan 25, 7 p.m. at Bloomington Jefferson
Thursday, Jan. 27, 7 p.m. at Bloomington Kennedy
Monday, Jan. 31, 7 p.m. at Benilde-St. Margaret's
Thursday, Feb. 3, 7 p.m. vs. Orono
Saturday, Feb. 5, 5 p.m. vs. Mounds View (at Kasson)
Tuesday, Feb. 8, 7 p.m. at St. Louis Park
Friday, Feb. 11, 7 p.m. vs. Waconia
Tuesday, Feb. 15, 7 p.m. at Robbinsdale Cooper
Friday, Feb. 18, 7 p.m. vs. Chanhassen
Tuesday, Feb. 22, 7 p.m. at Chaska
Friday, Feb. 25, 7 p.m. vs. Bloomington Jefferson
Tuesday, Mar. 1, 7 p.m. vs. Bloomington Kennedy
Friday, Mar. 4, 7 p.m. vs. Benilde-St. Margaret's

New Prague Girls Basketball

Tuesday, Nov. 30, 7 p.m. vs. Owatonna
Thursday, Dec. 2, 7 p.m. vs. Rochester Mayo
Saturday, Dec. 4, 7:30 p.m. at Rochester Century
Tuesday, Dec. 7, 7 p.m. at Farmington
Saturday, Dec. 11, 7:30 p.m. at Northfield
Tuesday, Dec. 14, 7 p.m. at Bloomington Kennedy
Friday, Dec. 17, 7 p.m. at Benilde-St. Margaret's
Tuesday, Dec. 28, 3 p.m. at Brainerd
Wednesday, Dec. 29, 3 p.m. at Andover
Tuesday, Jan. 4, 7 p.m. vs. Orono
Friday, Jan. 7, 7 p.m. at St. Louis Park
Tuesday, Jan. 11, 7 p.m. vs. Waconia
Friday, Jan. 14, 7 p.m. at Robbinsdale Cooper
Tuesday, Jan. 18, 7 p.m. vs. Chanhassen
Friday, Jan. 21, 7 p.m. at Chaska
Tuesday, Jan. 25, 7 p.m. ... vs. Bloomington Jefferson
Friday, Jan. 28, 7 p.m. vs. Bloomington Kennedy
Monday, Jan. 31, 7 p.m. vs. Benilde-St. Margaret's
Friday, Feb. 4, 7 p.m. at Orono
Tuesday, Feb. 8, 7 p.m. vs. St. Louis Park
Friday, Feb. 11, 7 p.m. at Waconia
Tuesday, Feb. 15, 7 p.m. vs. Robbinsdale Cooper
Thursday, Feb. 17, 7 p.m. at Lakeville South
Friday, Feb. 18, 7 p.m. at Chanhassen
Tuesday, Feb. 22, 7 p.m. vs. Chaska
Friday, Feb. 25, 7 p.m. at Bloomington Jefferson

New Prague Dance Team

Tuesday, Nov. 23, 7 p.m. at Chanhassen
Tuesday, Nov. 30, 7 p.m. at Bloomington Kennedy
Saturday, Dec. 4, 8 a.m. at Hutchinson
Tuesday, Dec. 7, 7 p.m. at Orono
Saturday, Dec. 11, TBD at Eastview
Tuesday, Dec. 14, 7 p.m. at Waconia
Saturday, Dec. 18, 11 a.m. at New Prague
Saturday, Jan. 8, TBD at Edina
Saturday, Jan. 15, TBD at Lakeville South
Saturday, Jan. 22, 9 a.m. at New Prague
Saturday, Jan. 29, TBD at Mounds View

New Prague Gymnastics

Saturday, Dec. 4, 12 p.m. at Twin Oaks
Tuesday, Dec. 7, 6 p.m. at Breck
Tuesday, Dec. 14, 6 p.m. at Waconia
Tuesday, Dec. 21, 6 p.m. vs. Orono
Saturday, Jan. 8, 11 a.m. at New Prague Invite
Tuesday, Jan. 11, 6 p.m. vs. Chaska-Chanhassen
Saturday, Jan. 15, 11 a.m. at Jackson Co. Central
Invite
Tuesday, Jan. 18, 6 p.m. ... vs. Bloomington Jefferson
Tuesday, Jan. 25, 6 p.m. at St. Louis Park
Friday, Jan. 28, 6 p.m. vs. Lakeville North
Friday, Feb. 4, 6 p.m. at New Prague

New Prague Boys Hockey

Tuesday, Nov. 30, 7:15 p.m. vs. Bloomington Kennedy
Saturday, Dec. 4, 6 p.m. at Shakopee
Tuesday, Dec. 7, 7 p.m. at Orono
Thursday, Dec. 9, 7:15 p.m. vs. Hopkins
Saturday, Dec. 11, 3 p.m. vs. Faribault
Tuesday, Dec. 14, 7:15 p.m. vs. Chaska
Saturday, Dec. 18, 5 p.m. at Chanhassen (Victoria)
Tuesday, Dec. 21, 7 p.m. at Kasson-Mantorville
Tuesday, Dec. 28, 2 p.m. vs. Hutchinson
Tuesday, Jan. 4, 7 p.m. at Bloomington Jefferson
Thursday, Jan. 6, 7:15 p.m. vs. Shakopee
Tuesday, Jan. 11, 7 p.m. at Waconia
Saturday, Jan. 15, 7 p.m. at St. Louis Park
Tuesday, Jan. 18, 7:30 p.m. vs. East Ridge
(Cottage Grove)
Thursday, Jan. 20, 7:30 p.m. at New Ulm
Saturday, Jan. 22, 3 p.m. at Bloomington Kennedy
Tuesday, Jan. 25, 7:15 p.m. vs. Orono
Friday, Jan. 28, 7 p.m. at Chaska
Monday, Jan. 31, 7:15 p.m. vs. Chanhassen
Friday, Feb. 4, 7:15 p.m. vs. Bloomington Jefferson
Tuesday, Feb. 8, 7:15 p.m. vs. Mankato West
Friday, Feb. 11, 7:15 p.m. vs. Waconia
Tuesday, Feb. 15, 7:15 p.m. vs. St. Louis Park
Thursday, Feb. 17, 7 p.m. at MN River (Le Sueur)
Saturday, Feb. 19, 2:30 p.m. vs. Benilde
-St. Margaret's

New Prague Girls Hockey

Thursday, Nov. 11, 7:15 p.m. vs. Delano-Rockford
Tuesday, Nov. 16, 7 p.m. at Prior Lake
Thursday, Nov. 18, 7:15 p.m. vs. Minneapolis Hockey
Thursday, Dec. 2, 7:15 p.m. vs. Waconia
Saturday, Dec. 4, 1 p.m. vs. Visitation
Tuesday, Dec. 7, 7:15 p.m. vs. Rochester Mayo
Thursday, Dec. 9, 7 p.m. at Hutchinson
Thursday, Dec. 16, 7 p.m. ... at Holy Angels (Richfield)
Saturday, Dec. 18, 2:45 p.m. at Rochester Century
Tuesday, Dec. 21, 7:15 p.m. vs. Dodge County
Tuesday, Dec. 28, TBD at Schmitz-Maki Ice Arena
Wednesday, Dec. 29, TBD at Schmitz-Maki Ice Arena
Thursday, Dec. 30, TBD at Schmitz-Maki Ice Arena
Tuesday, Jan. 4, 7:15 p.m. at Mankato East
Thursday, Jan. 6, 7 p.m. at Orono
Saturday, Jan. 8, 3 p.m. vs. Bloomington Jefferson
Thursday, Jan. 13, 7 p.m. at Chaska-Chanhassen
Saturday, Jan. 15, 12 p.m. at Minneapolis
(Ice Garden)
Tuesday, Jan. 18, 7:15 p.m. vs. Mankato West
Thursday, Jan. 20, 7 p.m. at Waconia
Saturday, Jan. 22, 3 p.m. vs. Benilde-St. Margaret's
Thursday, Jan. 27, 7:15 p.m. vs. Holy Angels
Saturday, Jan. 29, 3 p.m. vs. Orono
Thursday, Feb. 3, 7 p.m. at Bloomington Jefferson
Saturday, Feb. 5, 3 p.m. vs. Chaska-Chanhassen

New Prague Boys Swimming & Diving

Saturday, Dec. 11, 8 a.m. at Hutchinson
Thursday, Dec. 16, 6 p.m. at Bloomington Jefferson
Thursday, Jan. 6, 6 p.m. vs. Bloomington Kennedy
Saturday, Jan. 8, TBD at U of M Aquatic Center
Thursday, Jan. 13, 7 p.m. at Benilde-St. Margaret's
Thursday, Jan. 20, 6 p.m. vs. St. Louis Park
Thursday, Jan. 27, 6 p.m. vs. Waconia
Thursday, Feb. 3, 6 p.m. at Orono
Tuesday, Feb. 8, 6 p.m. at Robbinsdale Cooper

New Prague Wrestling

Saturday, Dec. 4, 9 a.m. at New Prague Tourney
Friday, Dec. 10, 5 p.m. at Chanhassen
Saturday, Dec. 11, 12:30 p.m. at Belle Plaine Tourney
Friday, Dec. 17, 4 p.m. at Rochester RCTC
Saturday, Dec. 18, 9 a.m. at Rochester RCTC
Tuesday, Dec. 21, 5 p.m. at New Prague Quad
Wednesday, Dec. 29, 10 a.m. at Fargo Dome
Thursday, Dec. 30, 10 a.m. at Fargo Dome
Friday, Jan. 7, TBD at Rochester RCTC
Saturday, Jan. 8, TBD at Rochester RCTC
Thursday, Jan. 13, 7 p.m. vs. Prior Lake
Saturday, Jan. 15, 10 a.m. at St Cloud Tech
Thursday, Jan. 20, 5 p.m. at Orono
Saturday, Jan. 22, TBD at Whitnall High School
Thursday, Jan. 27, 6 p.m. at Tri City United
Friday, Jan. 28, 5 p.m. at Robbinsdale Cooper
Saturday, Jan. 29, 9 a.m. at Orono Invite
Friday, Feb. 4, 5 p.m. vs. Waconia
Saturday, Feb. 5, 8 a.m. at Minnetonka Invitew



GO TROJANS! GO



GOPHER STATE RAILWAY MUSEUM

25501 Helena Blvd.
New Prague, MN

Go to www.gsrn.org for more information or call 952-758-8729



PARKVIEW MEDICAL CLINIC
Family Physicians
1400 1st St. NE,
New Prague
952-758-2535

DANIEL R. BERG, M.D.
MICHAEL P. O'ROURKE, M.D.
JEAN CRAIG, M.D.
HEATHER HAMERNICK, M.D.
KAY MAUST, M.D.

www.parkviewclinic.com

CONGRATULATIONS ON ALL YOUR ACHIEVEMENTS!

Car Troubles?

We Fix Everything!

1658 3rd Ave. SW, New Prague

PETE'S REPAIR SERVICE, INC.

952-758-5491

General Auto Repair

- Transmission
- Engines
- Brakes
- Tires
- Mufflers
- Air Conditioning



FIND US on Facebook

THE NEW PRAGUE TIMES

GOOD LUCK! HERTAUS FLOORS

A family tradition since 1965
RON & LISA HERTAUS, OWNERS
Main Street | New Prague | 952-758-5740
hertausfloors.com

Goldsmith eye care

Drs. Tim and Wendy Goldsmith
Dr. Kristal Jones and Dr. Amanda Thurmes
952-758-2080 • 1101 1st St. NE • New Prague
Mon. 9-7, Tues. - Fri. 9-5, Sat. 9-Noon

952-758-2080

www.goldsmitheye.com



Dance team has high hopes after successful 2021 season

Head Coach:

Tiffany Sandhurst

How many years and career record?

This is my 3rd year as the Head Dance Team Coach at New Prague, 9th year coaching high school dance team, and 21st year as a studio dance team instructor. A few career accolades include being named as Class AA Assistant Coach of the Year in 2019 while coaching the Faribault Emeralds, placing 3rd in High Kick at the State Tournament that year. Tiffany was also elected to the coaches association; Minnesota Association of Dance Teams (MADT) Board of Directors this year. Assistant Coaches: Tara Brandt, Isabel Panek, Caitlynn Nelson, Kayla Scott & NPHS 2018 Alumni Maggie Malecha and Emma Iverson.

Last year's record and finish in the conference:

Wright County Conference 3rd in Jazz and High Kick Conference Champions. Seventh place in Jazz and High Kick in Section 1AAA.

Key returnees to this year's team: Position, experience, past honors, stats, etc.?

Two stand out athletes in our program are seniors Alix Queen and Macy Tietz. Not only are these two young women our Varsity Captains this season, but Alix & Macy are great students and members of NHS, and are key dancers in both our Varsity Kick and Jazz routines. Very well rounded student athletes, and great leaders for this team. This will be Alix's 6th year on NPDT and Macy's 3rd. In addition to our Captains, other senior leaders include Madison Nelson and Lauren Friendshuh, also both 6 year members of the program. All four of these girls play a huge part this season driving our team, and assisting the coaches to keep practices fun and positive.



Front row, left to right: Madisyn Volkart, Lauren Friendshuh, Macy Tietz, Alix Queen, Lizzie Wieskus, Ella Schoenbauer, Victoria Erickson, and Orelia Slavik. Middle row, left to right: Brita Lillquist, Megan Langeberg, Abby Hankinson, Katie Kotek, Alissa Landwehr, Emily McCarthy, Ava Wuchko, Stella Smith, and Arianna Volkart. Back row, left to right: Inga Lexa, Lauren Spiess, Carly Wiener, Averi Wagner, Baylee Mushitz, Jessica Dropik, Liv Swanke, Ana Casqueiro, Charli Hruby, and Gabby Remely.

Other athletes new to the varsity who will play important roles: What position and what they will bring to the team?

Our Varsity Jazz team is all returning Varsity dancers with the addition of 8th grader Charli Hruby and 11th grader Averi Wagner who are also both studio company dancers at To The Pointe Dance Academy. We have a handful of new dancers to our Varsity Kick roster as well. Moving up from JV to the Varsity level this season are Charli Hruby, Gabby Remely, Ella Schoenbauer, Alivia Swanke and Lizzie Wieskus and new to the program on our Varsity Kick Roster include Jessica Dropik, Adrianna Volkart and Carly Wiener.

Who are the key losses from last year (players who graduated or

are not on the team)?

Captains Karlyn Glebe, Angela Millette, and Noel Wieskus as well as Justine Fries, Livie Gergen, Greta Ryan, and Anna Schoenbauer were all graduating seniors. 6 of these 7 ladies were on our Varsity Kick roster as well as Karlyn and Noel competing on our Varsity Jazz team.

Thoughts on the new conference and new conference teams: What do you know about the teams/players?

This conference is a lot more challenging for us. We were just starting to rise to the top of Wright County Conference, but we will have some work to do in order to be a leader in Metro West. Chaska and Chanhassen (both in class AAA) are much larger schools and very

strong teams. Benilde-St. Margaret was 2nd and Orono 3rd in Jazz at State in class AA last year. Waconia also left Wright County to join the Metro West Conference this season. The other two schools in our conference with dance teams are Bloomington Kennedy and Robbinsdale Cooper which both are only competing at the Junior Varsity Level since their team participation numbers are significantly lower this season.

Top teams in the conference and how do you think your team fits in?

This year we see ourselves landing in the middle, anywhere between 3rd and 5th at our conference meets. We are thrilled that this year the Conference Championship Meet will be held at home at New

Prague High School on Saturday, December 18th.

Top teams in the Section and how do you think your team fits in?

We are very thankful to now be in class AA and really feel like we have a good chance at a State berth this season for the first time in NPDT history. Faribault and Austin are both tough competition in the High Kick division, typically placing 1st or 2nd in this section and advancing to State. We have a good chance at that 3rd place spot in kick, but are working hard to exceed that goal. For Jazz, New Prague will stand out as a leader in this division. Last year Faribault took 1st at Sections, Cretin Derham Hall took 2nd but they are no longer in this Section, and Simley placed 3rd. Two Rivers High School also joined Section 1 AA as well, so that is another team we have our eye on. We have a big goal to be in the top 3 for both Kick and Jazz.

Please give an overall outlook for the coming season: Expectations, goals, obstacles, etc?

Our season theme this year is "Believe." We want our athletes to believe in their teammates, believe in their coaches, believe in themselves. They have to first see it in their mind in order to bring it into reality, and we really work hard to build mental preparedness as well as physical readiness. Our big goal this season is to make it to State, but in order to do that we have to take each week at a time. We try not to get ahead of ourselves and we set goals for each upcoming meet. It might be to execute a certain skill better, or to score higher than the week before, but all of the little goals help us work towards the bigger ones. This group of young women are extremely hard working, supportive, and a great group. They work well together, respect one another and the coaching staff, and encourage each other to do their best.



GOOD LUCK NPHS TROJANS!

Making sense of all your mortgage needs



Gary Frechette, Loan Officer

NMLS #: 194854

612-708-7416

gfrechette@distinctivemortgages.com

Call Today!

Distinctive MORTGAGES

New Prague, MN NMLS #: 1266685

www.DistinctiveMortgages.com

GOOD LUCK Trojans!

Chiropractic Care The natural answer to pain.

Chiropractic treatment has been shown to aid health problems such as:

- Back and neck pain
- Leg and arm pain
- Tennis elbow/rotator cuff
- Plantar Fasciitis/flat feet
- Work, sport and auto injuries
- Sciatica
- Herniated disc (pinched nerve)
- Muscle and joint pain
- Arthritis/stiffness
- Carpal tunnel syndrome
- Myofascial pain
- Sprains and Strains
- Pregnancy related pain
- Scar tissue
- Exercise instruction (for strengthening and recovery)

Chiropractic care has also been shown to aid many other health problems such as: arthritis, fibromyalgia, shingles, sinus problems, dizziness, allergies and asthma, although chiropractors do not directly treat such ailments. Be sure to ask how chiropractic care might help your health concerns.

Let us help you enjoy a healthier, more active life.

Dr. Jeremy Tupy
Chiropractor

Dr. Jolene Otremba
Chiropractor

Back and Neck Clinic of New Prague

Visit Us Online:
backandnecknp.com

Call Today: 952-758-5135

201 Main Street East, New Prague